

INSTRUCTIONS FOR AUTHORS

IJARRP shall accept original work done from the authors on the understanding that the work is unpublished and is not being considered for publication elsewhere. The Journal publishes reviews (comprehensive and short), original research papers and technical notes.

TYPES OF MANUSCRIPTS

Original Research papers should contain unpublished results of original research, which must be presented in sufficient detail to ensure the reproducibility of the described experiments and should present new experimental studies in elaborated form.

Technical notes should contain new, important information which has not been published and for which urgent publication is desirable. An explanatory statement is required for urgent publication. In general, a technical note should not exceed 4 printed pages. Please also indicate in the cover letter the reason why the manuscript should be treated as a technical note.

Review articles are concise and critical surveys of novel accomplishments in the author's research field and should bring up the most important current topics or present interpretative and critical accounts, but not simple compilation, on subjects of general interest. The work need not be complete; however, supporting experimental data must be described. They should be around 15 pages.

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Font Type: Times New Roman everywhere in the manuscript.

Font Size: 12 point, normal, Sentence cased; Bold, Sentence cased and 14pt for Title; 11pt and Sentence case for Authors name and info.

Paper Size: A4 portrait with normal margins.

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Divide your article into clearly defined and numbered sections. Subsections should be numbered 1.1 (then 1.1.1, 1.1.2, ...), 1.2, etc. (the abstract is not included in section numbering). Use this numbering also for internal cross-referencing: do not just refer to 'the text'. Any subsection may be given a brief heading. Each heading should appear on its own separate line.

NUMBERING MUST BE GIVEN AS

1. Introduction
2. Materials and Methods
3. Results
4. Discussion on Results
5. Conclusion
6. Appendices

TITLE PAGE

- Title: Concise and informative. Avoid abbreviations and formulae where possible.
- Author names and affiliations. Where the family name may be ambiguous (e.g., a double name), please indicate this clearly. Present the authors' affiliation addresses (where the actual work was done) below the names. Indicate all affiliations with a lower-case superscript letter immediately after the author's name and in front of the appropriate address. Provide the full postal address of each affiliation, including the country name and, if available, the e-mail address of each author.
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ABSTRACT

Not more than 250 words, summarising the problem being considered, how the study was performed, the salient results and the principal conclusions under subheadings 'Objectives', 'Methods', 'Results', and 'Conclusions'.

KEY WORDS

Not more than 5. These should be given beneath the Abstract and in the box provided in the online submission process.

INTRODUCTION

State the objectives of the work and provide an adequate background, avoiding a detailed literature survey or

a summary of the results.

MATERIAL AND METHODS

Provide sufficient detail to allow the work to be reproduced. Methods already published should be indicated by a reference: only relevant modifications should be described.

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Results should be clear and concise.

Units of Measurement: Measurements of length, height, weight, and volume should be reported in metric units (metre, kilogram, or litre) or their decimal multiples. Temperatures should be given in degrees Celsius. Blood pressures should be given in millimetres of mercury. All haematological and clinical chemistry measurements should be reported in the metric system in terms of the International System of Units (SI). The symbol L for litre is recommended in order to avoid the risk of confusion between the letter l and the number 1.

DISCUSSION ON RESULTS

This should explore the significance of the results of the work, not repeat them. A combined Results and Discussion section is often appropriate. Avoid extensive citations and discussion of published literature.

CONCLUSIONS

The main conclusions of the study may be presented in a short Conclusions section, which may stand alone or form a subsection of a Discussion or Results and Discussion section.

APPENDICES

If there is more than one appendix, they should be identified as A, B, etc. Formulae and equations in appendices should be given separate numbering: Eq. (A.1), Eq. (A.2), etc.; in a subsequent appendix, Eq. (B.1) and so on. Similarly for tables and figures: Table A.1; Fig. A.1, etc.

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Use only standard abbreviations. Avoid abbreviations in the title and abstract. The full term for which an abbreviation stands should precede its first use in the text unless it is a standard unit of measurement.

Drug names. The generic (non-proprietary) name of a drug should be used throughout a manuscript. Use the complete name of a drug, including the salt or ester (eg, tetracycline hydrochloride) at first mention and elsewhere in contexts involving dosage. When no generic name exists for a drug, give the chemical name or formula or description of the names of the active ingredients.

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Number tables consecutively in accordance with their appearance in the text. Place footnotes to tables below the table body and indicate them with superscript lowercase letters. Avoid vertical rules. Be sparing in the use of tables and ensure that the data presented in tables do not duplicate results described elsewhere in the article.

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Citation in text

Please ensure that every reference cited in the text is also present in the reference list (and vice versa). Any references cited in the abstract must be given in full. Unpublished results and personal communications are not recommended in the reference list, but may be mentioned in the text. If these references are included in the reference list they should follow the standard reference style of the journal and should include a substitution of the publication date with either 'Unpublished results' or 'Personal communication'. Citation of a reference as 'in press' implies that the item has been accepted for publication.

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REFERENCES IN A SPECIAL ISSUE

Please ensure that the words 'this issue' are added to any references in the list (and any citations in the text) to other articles in the same Special Issue.

REFERENCE STYLE

Articles in Journals

1. Devi KV, Pai RS Antiretrovirals: Need for an Effective Drug Delivery. Indian J Pharm Sci 2006;68 :1-6. List the first six contributors followed by et al.
2. Volume with supplement: Shen HM, Zhang QF. Risk assessment of nickel carcinogenicity and occupational lung cancer. Environ Health Perspect 1994; 102 Suppl 1:275-82.
3. Issue with supplement: Payne DK, Sullivan MD, Massie MJ. Women's psychological reactions to breast cancer. Semin Oncol 1996; 23 (1, Suppl 2):89-97.

Books and Other Monographs

1. Personal author(s): Ringsven MK, Bond D. Gerontology and leadership skills for nurses. 2nd ed. Albany (NY): Delmar Publishers; 1996.
2. Editor(s), compiler(s) as author: Norman IJ, Redfern SJ, editors. Mental health care for elderly people. New York: Churchill Livingstone; 1996.
3. Chapter in a book: Phillips SJ, Whisnant JP Hypertension and stroke. In: Laragh JH, Brenner BM, editors. Hypertension: pathophysiology, diagnosis, and management. 2nd ed. New York: Raven Press; 1995. p. 465-78

Short Communication-

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Review Articles-

Should be about 18 pages long, contain up-to-date information, comprehensively cover relevant literature and preferably be written by scientists who have in-depth knowledge on the topic. All format requirements are same as those applicable to full papers. Review articles need not be divided into sections such as Materials and Methods and Results and Discussion, but should definitely have an Abstract and Introduction, if necessary.

Journal Article:

If there are more than 10 authors, only the first 10 should be listed and the others should be represented with "et al."

VOLUME WITHOUT ISSUE:

7. Murri R, Fantoni M, Borgo CD, Visona R, Barracco A, Zambelli A, Testa L, Orchi N, Tozzi V, Bosco O, Wu AW. Determinants of health-related quality of life in HIV-infected patients. *AIDS Care* 2003;15:581-590.

VOLUME WITH PARTS:

8. Hanley C. Metaphysics and innateness: a psychoanalytic perspective. *Int J Psychoanal* 1988;69(Pt 3):89-99.

NO ISSUE OR VOLUME:

9. Danoek K. Skiing in and through the history of medicine. *Nord Medicinhist Arsb* 1982:86-100

ISSUE BUT NO VOLUME:

10. Baumeister AA. Origins and control of stereotyped movements. *Monogr Am Assoc Ment Defic* 1978;(3):353-384.
11. Issue with parts: Edwards L, Meyskens F, Levine N. Effect of oral isotretinoin on dysplastic nevi. *J Am Acad Dermatol* 1989 Feb;20(2 Pt 1):257-260.

MONOGRAPH:

12. Matthews DE, Farewell VT. Using and Understanding Medical Statistics, ed 3, revised. Basel, Karger, 1996.

BOOK:

13. Entire book: Ohlsen, Merle M.; Horne, Arthur M.; Lowe, Charles F. Group counseling. New York: Holt, Rinehart, and Winston; 1988. 416 p.
14. Editors: Diener, Hans-Christoph; Wilkinson, Marcia, editors. Drug-induced headache. New York: Springer-Verlag; 1988. 173 p.
15. Contribution to book: Anderson, Robert J.; Schrier, Robert W. Acute renal failure. In: Braunswald, Eugene; Isselbacher, Kurt J.; Petersdorf, Robert G., et al., editors. *Harrison's principles of internal medicine*. 11th ed. New York: McGraw-Hill; 1987. p. 1149-1155.

WEB PAGES:

16. Hypertension, Dialysis & Clinical Nephrology [homepage on the Internet]. Hinsdale (IL): Medtext, Inc.; c1995-2001 [cited 2001 Mar 8]. Available from: <http://www.medtext.com/hdcn.htm>
17. Pennington J. HIV/AIDS in Nigeria, 2007 [cited 2008 Mar 8]. Available from: <http://www.avert.org/aids-nigeria.htm>.
18. Medlineplus [Internet]. Bethesda (MD): National Library of Medicine (US); [updated 2000 Apr 7; cited 2000 Apr 18]. Available from: <http://medlineplus.gov>.

Dissertation:

Bertram, Kenneth. The role of natural killer activity in resistance to herpesvirus-induced disease [dissertation]. [Rochester]: University of Minnesota; 1981 Dec. 138 p

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Examples:

Reference to a journal publication:

Van der Geer, J., Hanraads, J.A.J., Lupton, R.A., 2010. The art of writing a scientific article. J. Sci. Commun. 163, 51–59.

Reference to a book:

Strunk Jr., W., White, E.B., 2000. The Elements of Style, fourth ed. Longman, New York.

Reference to a chapter in an edited book:

Mettam, G.R., Adams, L.B., 2009. How to prepare an electronic version of your article, in: Jones, B.S., Smith, R.Z. (Eds.), Introduction to the Electronic Age. E-Publishing Inc., New York, pp. 281–304.

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